

## How is Home Health Paid For?

Medicare, Medicaid and most private insurance pay for physician - ordered home health care services. Our staff will work with your insurance provider to help you understand the coverage available for your care. We work hard to help you receive the care you need.

## What is required to participate?

Medicare and many insurance companies require that patients meet homebound guidelines, which means that your medical condition makes it difficult for you to leave home, and when you do leave home it requires considerable effort. Being homebound does not mean you can never leave home. You may still be considered homebound if your absences are infrequent or for short periods of time, and if those outings are taxing on your energy and comfort. The home health team can help make those determinations.

Our services are provided to patients who have a skilled need, which is defined as recurring nursing or therapy as the primary reason for care. That care is provided on an intermittent basis, with the professionals visiting periodically to support your independence.

## Who can make a referral?

Anyone can ask about Home Health Services. It's best to plan ahead, and talk to your physician regarding your needs and arrange Home Health Services in advance. You have a choice when it comes to what agency you are referred to. Make sure you request Girard Medical Center's Home Health Agency.

## Home Health Department



Phone - (620) 724-8469

Fax - (620) 724-4790



### Website

[www.girardmedicalcenter.com](http://www.girardmedicalcenter.com)



### Address

302 N. Hospital Drive

Girard, KS 66743



# Home Health





## A Unique Plan

The professionals at Girard Medical Center understand the importance of providing care for a patient in the comfort of their own home. We know that you not only require physical treatment but deserve to be treated as a unique individual. Home Health care is for people of all ages who need extra assistance in regaining their independence. Home care can prevent extended hospital stays or long term care. Our staff works in coordination with your physician to provide you with a personalized plan to help you live as fully and independently as possible.

Our goal is to promote, maintain or restore your health. During our visits, the clinicians provide care and teach you and your caregiver how to manage those cares between visits. We provide tools and skills you need to stay safely at home.



## Occupations Therapy

- Home Safety Evaluation
- Assessment of ROM (Range of Motion)
- Strength, Coordination & Dexterity
- ADL's (Activities of Daily Living) - bathing dressing, grooming
- Adaptive Equipment Instruction - elevated toilet seats, sock aid, etc.

## Physical Therapy

- Evaluation
- Services to relieve pain, develop or restore functions, and maintain maximum performance
- Wound consults, ultrasound, T.E.N.S units
- Use of braces, walkers, or other assistants devices

## What services are available?

### Skilled Nursing Services

- Skilled nursing care and assessment
- Wound care management
- Follow-up of chronic disease
- Evaluation and reporting of client's condition and progress to their physician
- Client and family education for diet, medications, and new ostomy care
- IV Therapy
- Post hospitalization care

### Home Health Aide:

- Personal care services such as bathing assistance, hair care, oral hygiene, and skin care.

### Nutritional Consultations

- Information and education provided regarding special diets

*Dedicated with Excellence to your "Total" Health Care Needs.*

