

Our Approach

You don't have to suffer in silence while trying to cope with life's challenges. Physical/mental decline, dependence on others, safety issues, and multiple losses are just a few things that may contribute to depression, anxiety, and other mental health challenges for seniors.

Our Senior Behavioral Health Treatment team provides individualized care aimed at assisting individuals age 55 and older in developing coping strategies to more effectively deal with life's stressors. Care focuses on retaining one's dignity while achieving the goal of living life to the fullest.

Refer a Patient



Inpatient & Outpatient Assessment
(620) 724-7399



Website
www.girardmedicalcenter.com



Address
Inpatient - 302 N. Hospital Drive, Girard, KS 66743
Outpatient - 804 W St. John, Girard, KS 66743



**Senior
Behavioral
Health**



Referral & Admission

A referral for care can come from you, family members, or more commonly, a healthcare professional. Girard Medical Center Senior Behavioral Health can then provide an assessment - at no cost - to determine the need for treatment.

Admission to the program, whether for inpatient or outpatient care, will be offered only to those individuals who a physician has determined requires care and who will be able to actively participate in treatment.

In Patient Services

Girard Medical Center Senior Behavioral Health Inpatient is a short-stay, intensive and comprehensive mental health treatment program for those suffering from psychiatric, emotional, or behavioral disorders. The program, catering to individuals age 55 and older includes:

- Skilled Nursing
- Social Work Assessment
- Group and Individual Therapy
- Recreational Activities
- Coping and Living Skills
- Grief and Loss Resolution
- Health, Wellness, and Exercise
- Discharge Planning



Outpatient Services

When the inpatient program isn't the right fit, professionals at Girard Medical Center Senior Behavioral Health are standing by to offer the structured outpatient program for adults age 55 and older.

Under the supervision of a psychiatrist, our therapists provide therapy in a group or individual setting. Participants are able to live at home and attend the therapy sessions at least two days a week. Medication management maybe provided.

What to Look For

Girard Medical Center Senior Behavioral Health is designed for persons with symptoms and or behaviors that are interfering activities of daily living; thinking, concentration and judgement; social or vocational functioning. In addition the program may benefit individuals who have been unsuccessful with outpatient treatment options; or for those who are experiencing an emotional decline and/or mental changes like:

- Lack of Energy or Motivation
- Avoiding Family & Friends
- Constant Worrying
- Difficulty Sleeping
- Poor Appetite
- Confused Thinking
- Feelings of Sadness or Loneliness
- Loss of Interest in Daily Activities
- Low Self Esteem
- Change in Temperament

Indicators for Inpatient Care Include:

- Suicidal or Homicidal Thinking
- Hallucinations and Delusions
- Destructive/Aggressive Behavior
- Need for Adjustment of Psychotropic Medications